## A Thanks \& Giving Countdown

Develop a giving and thankfut heart this month leading up to Thanksgiving with the Thanks $\mathcal{E}$ Giving countdown suggestions.

Cut out each Thanks \& Giving countdown idea. Roll each into a scroll and tie with ribbon. Place the scrolls in a large jar or bowl. Each day choose a scroll, read it and do the act of service suggested or think of your own to do.

There are more scrolls than days until Thanksgiving. Choose the best ones for your family and leave the others for next year. All graphics are from vintage children's books.



I am thankful for birds. Mix peanut butter with bird seed and spread on a pine cone. Place outside for the birds to eat.

I am thankful for a body.


Give your body some exercise. Play a game of ball or run races with your family

I am thankful for bubbles.
Invite a friend over to blow bubbles with you. Or take some bubbles to someone who needs cheering up.


## I am thankful for our car.

Help clean the car. Go for a drive together with your family.


I am thankful for church.

Next Sabbath dress your best and behave your nicest while in church.

I am thankful for colors.


Draw a picture using a lot of color. Send it to a friend or family member.

## I am thankful for my father.

Do something nice for your dad today like make his favorite dessert, or sing him his favorite song


I am thankful for food to eat.
Donate some canned goods to the local food bank or make a meal for another family.

I am thankful for freedom.


Write down the freedoms you enjoy where you live. Display the flag of your country.

I am thankful for hugs.
Give a hug to everyone you love today.


I am thankful for Jesus Christ.

Write down in your journal why you are thankful for Jesus.



I am thankful for music.

Listen to music all day. If you know how to
playan instrument play a song for someone else.


I am thankful for nature.

Go outside and talk a walk with your family. Keep track of all the colors, plants, and animals you see


I am thankful I can learn new things and go to school.

Write a
thank you note to your teacher or to someone who has taught you something new.


## I am thankful for brothers and sisters.

Play a game with your siblings.


I am thankful I can see.

Look out your window or take a walk outside and list all the beautiful things you see.


I am thankful for sleep.
Make your bed by yourself in the morning. Be good about going to bed on time tonight.


I am thankful I can taste and smell. Bake a dessert for your family and make extra to share with someone else.


I am thankful for my toys.
Go through your toys and donate some to a local shelter or take to the thrift store.


I am thankful for my voice.
Use your voice to sing, sing, sing!
If you know a song about gratitude that's even better.


